

IM Indoor Soccer

Rules and Regulations

- All currently enrolled students are eligible to participate.
- All staff, faculty, registered alumni, and affiliates are eligible to participate and there is no limit to the number of these people on a team, but they must pay the non-student fee.
- A team is allowed two non-affiliate players who have no association with UCSB. These players must also pay the non-student fee.
- No player may switch teams for any reason
- No player may play for one team in the same division. Any player found playing on more than one team in the same division will cause both those teams to be dropped.
- Five Year Waiver Rule: If five years or more have passed since a player's intercollegiate eligibility has expired, then the player is no longer considered an ex-intercollegiate player.
- Intercollegiate goalkeepers may not play the goalkeeper position.
- B-League teams may have a maximum of 2 club players. A-League teams may have a maximum of 4 club or intercollegiate players. Intercollegiate players are not allowed to play in B-League.

Number of Players

- Rob Gym
 - Men's/Women's: 6 total players constitute a team. A team may start and continue play with 4 total players.
 - Coed: 7 total players constitute a team. A team may start and continue play with 5 total players. Excluding the goalkeeper, the difference between genders shall never exceed one.
- MAC
 - Men's/Women's: 8 total players constitute a team. A team may start and continue play with 6 total players.
 - Coed: 9 total players constitute a team. A team may start and continue play with 7 total players. Excluding the goalkeeper, the difference between genders shall never exceed one.

The Ball and Equipment

- The game ball will be provided. Please do not use outdoor soccer balls in the gym.
- Players will not be permitted to wear black-soled running shoes for play or practice in Rob Gym or the MAC.

Start of Play and Duration of Games

- A game will consist of two 25-minute periods during which the clock will run continuously
- There will be no overtime periods during regular season play; a tie shall be reported as such.
- Post-season games will have one 5-minute sudden-death overtime period to establish a winner if the score is a tie at the end of the regulation period. A shootout will be used to establish a winner if there is still a tie at the end of the overtime period.

- Allowance will be made in either period for time lost due to transportation of an injured player. The Official will keep the official time.
- Time will be extended to permit a penalty kick taken at the end of a period.
- There will be a half-time interval that will not exceed 5 minutes.
- Teams will have a 5-minute grace period after the scheduled start time to field the minimum number of players. Failing to do so will constitute a forfeit.

Ball In and Out of Play

- The ball will be deemed out of play when:
 - It gets stuck in the bleachers or on top of the net
 - It inadvertently rolls under the net, through the side of the goal, or through the back of the goal.
 - It has wholly crossed over the corner board and touches the ground behind the board or a player behind the corner board.
It hits a basketball hoop, the ceiling, or any fixtures attached to the ceiling.
- The Official has stopped the game. The ball will be deemed in play when:
 - At a kick-off, free kick, or kick-in once the ball has been kicked and moves forward
 - At a drop-ball once the ball has touched the ground
 - Upon a direct kick or an indirect kick from within a team's own penalty area once the ball has been kicked and travels beyond the penalty area.
 - The ball will be put back into play with a:
 - Kick-in or drop-ball at the location where the ball went out of play.
 - Free-kick at the location of an infringement.
 - A kick-in is an indirect kick taken where the ball went out of play. If near a wall, a player may move the spotting of the ball one step away from the wall. If the ball hits the basketball hoops directly above the opposing team's goal, the kick-in will be taken from outside the penalty box.
 - A kick-off is a direct kick.

Scoring and Substitutions

- All goals will count as 1 point
- Free substitutions of all players except the goalkeeper will be in effect:
 - The Official will not stop the game clock
 - The substituted player shall be off the field of play before the substituting player may enter the game
- A new goalkeeper shall notify the Official before entering the game.
- A new goalkeeper may be substituted:
 - At any time to replace an injured player
 - Once the Official has stopped play, except during a shoot-out
 - At the completion of any period

NO OFFSIDE RULE

The Goalkeeper

- The goalkeeper is deemed having possession of the ball, when in the judgment of the Official, he/she has control of the ball.
- A goalkeeper who handles the ball, to include patting the ball, which in the opinion of the Official is controllable, will be deemed in possession of the ball.
- The goalkeeper may take an unlimited number of steps while possessing the ball in his/her hands.
- The goalkeeper shall release the ball into play no more than 6 seconds after handling the ball.
- The goalkeeper may not handle the ball a second time after the ball has been released from his/her possession and has not touched any other player.
- The goalkeeper may handle a ball received directly from his/her own team.
- Half-Line Rule: A goalkeeper within his/her own penalty area, after being deemed having possession of the ball, may not release the ball by any means, so that it travels untouched by any other player, beyond mid-field.

Fouls and Misconduct

- Direct Offences: Penalties from which a goal CAN be scored directly against the defending team. A direct free kick is taken at the location where the offence occurred.
 - Kicking or attempting to kick an opponent
 - Tripping an opponent
 - Jumping at an opponent
 - Charging an opponent in a violent or dangerous manner
 - Charging an opponent from behind
 - Charging the goalkeeper while he/she is in his/her penalty area
 - Striking or attempting to strike an opponent
 - Pushing an opponent
 - Tackles an opponent to gain possession of the ball, making contact with the opponent before touching the ball
 - Holding an opponent
 - Spits at an opponent
 - Handling the ball deliberately
 - Slide tackling
 - Intentionally throwing at or striking an opponent with the ball
- Indirect Offences: A goal can be scored only if the ball subsequently touches another player before it enters the goal. An indirect free kick is awarded to the opposing team if a goalkeeper, inside his/her own penalty area, commits any of the following offences:
 - Takes more than six seconds while controlling the ball with his/her hands before releasing possession of the ball.
 - Touches the ball again with his/her hands after it has been released from his/her possession and has not touched any other player.
- An Indirect free kick is also awarded to the opposing team if a player, in the opinion of the official:
 - Plays in a dangerous manner
 - Intentionally impedes the progress of an opponent without playing the ball

- Prevents the goalkeeper from releasing the ball from his/her hands
- Charges without intent to play the ball
- A player playing the ball a second time once it has been immediately put into play, before it has been touched by another player
- Playing the ball while the player is on the ground
- Playing a ball that is outside the goal from inside the goal
- Committing any other offence not previously mentioned in this section that is deemed dangerous by the Official.
- On all awarded free kicks, the offending team shall be at least 4 yards away or on their own goal line. Persistent infringement of this rule will be considered a tactic to gain an unfair advantage and may result in a caution.
- A player shall be cautioned and shown the yellow card if he/she commits any of the following offences:
 - Is guilty of unsporting behavior
 - Shows dissent by word or action to the Official or to another player
 - Persistent infringements of the rules
 - Delays the restart of play
 - Fails to respect the required distance when play is restarted with a kick-in or free kick
 - Dangerous play
- A player shall be sent off and shown the red card if he/she commits any of the following offences:
 - Is guilty of serious foul play
 - Is guilty of violent conduct
 - Spits at an Official or any other opponent
 - Denies the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball, except for the goalkeeper in his/her own penalty area
 - Uses offensive or insulting language or gestures
 - Receives a second caution in the same match
- Ejections: A participant whose conduct is deemed inappropriate by the presiding officials, and is ejected from the game, will be automatically face a minimum one game suspension for the following game. In addition, the offending participant must schedule an appointment with the Recreational Sports Director or Assistant Director prior to his/her team's next game. Failure to do so will result in a forfeit for the entire team for their next match and may face expulsion from the league if the incident is not resolved. In the event the ejection occurs in the last game the season, penalties will be assessed beginning the following quarter.

Penalty Kicks:

- A penalty kick is awarded against a team which commits an offence for which a direct free kick is awarded, inside its own penalty area and while the ball is in play.
- A goal may be scored directly from a penalty kick.
- Additional time is allowed for a penalty kick to be taken at the end of each half or at the end of periods of extra time.
- The penalty mark shall be 8 yards from the goal line.
- The goalkeeper must remain on the goal line, facing the kicker, between the goalposts until the ball has been kicked. The goalkeeper may move horizontally between the goalposts, but not forward off the goal-line.
- All players except the kicker must be behind the plane of the penalty area and at least 4 yards from the penalty mark. They may not encroach into the penalty area until the ball is kicked.

- The kicker is allowed only one step when making a penalty kick. The kick must be one continuous motion and the ball must be played forward.
- The kicker may not touch the ball a second time until it has touched another player.
- The ball is in play when it is kicked and moves forward.
- For any infringement of these rules:
 - By the Kicker:
 - The referee allows the kick to proceed
 - If the ball enters the goal, the kick is retaken
 - If the ball does not enter the goal, the kick is not retaken
 - By The Goalkeeper:
 - The referee allows the kick to proceed
 - If the ball enters the goal, a goal is rewarded
 - If the ball does not enter the goal, the goal is retaken
 - By a teammate of the kicker:
 - The referee allows the kick to proceed
 - If the ball enters the goal, the kick is retaken
 - If the ball does not enter the goal, the kick is not retaken
 - If the ball rebounds from the goalkeeper, the crossbar, or the goalpost and is touched by this player, an indirect free kick is awarded to the defending team
 - By a teammate of the goalkeeper:
 - The referee allows the kick to proceed
 - If the ball enters the goal, the goal is awarded
 - If the ball does not enter the goal, the kick is retaken
 - By both teams: The kick is retaken
 - The kicker touches the ball a second time before it has touched another player:
 - An indirect free kick is awarded to opposing team
 - The kick shall be taken from the place where the infringement occurred
 - The kicker deliberately handles the ball before it has touched another player:
 - A direct free kick is awarded to the opposing team.
 - The kick shall be taken from the place where the infringement occurred

Penalty Box Suspension:

- The penalty box is located at the corner of Rob Gym where the gym/field supervisor is located next to the team benches in the MAC.
- The referee will monitor the amount of time served in the penalty box.
- If a player is cautioned verbally and the Official deems it necessary:
 - The player must spend 2 minutes in the penalty box
- The infringing team may not substitute for the player in the penalty box until:
 - The designated time has expired
 - The end of a period
 - The opposing team has scored a goal. Only one player is excused per goal scored
- If a player receives a yellow card, the player **MUST** sit out for 3 minutes without being substituted for under any condition.
- A goalkeeper receiving a penalty box suspension may have a teammate, who was on the court at the time of the infringement, serve the suspension in his/her place.
- If the player receives a red card and is sent off:
 - The player may not re-enter the game

- The player shall be issued a “Notice to Appear”
- Play will not resume until the ejected player has left the facility
- The player will not be allowed to participate in any intramural activities until meeting with the