



## Joshua Tree Camping and Hiking Packing List



Please use this list to help you properly prepare for your outing. The items listed below as "REQUIRED" are necessary for your enjoyment and comfort. Do not substitute or exclude any "REQUIRED" items for your trip. Most of the equipment can be found in your own kitchen and closet. Please label your gear so it is easier to keep track. You can rent gear from our program if you need something on the required list (please visit [www.GauchosPlay.com/adventure](http://www.GauchosPlay.com/adventure) and then click "rentals" for rates).

Any questions concerning the trip itinerary or your equipment needs can be discussed with your trip leader(s) when s/he calls you approximately one week prior to the trip. If you have any questions or concerns prior to contact with the trip leader(s) call UCSB Adventure Programs at 893-3737.

You can expect the weather in Joshua Tree to be warm/hot in the daytime and cool/cold in the evenings. Weather can take a turn for the worst at any time when in the outdoors; therefore, warm clothes, effective rain gear, good footwear, a tent and a warm sleeping bag are essential for you to enjoy this adventure.

### **REQUIRED EQUIPMENT**

- \_\_\_ Large Daypack or Backpack that Fits with Waist Belt and/or Sternum Strap
- \_\_\_ Sleeping Bag (your bag should be designed to keep you warm to a temperature of 20° F)
- \_\_\_ Tent with Rain Fly (check with group leader for number of tents required)
- \_\_\_ Plastic Ground Sheet (to keep your tent/gear clean)
- \_\_\_ Ensolite Pad or Thermarest (sleeping pad that will insulate you from the cold ground)
- \_\_\_ Headlamp/Flashlight (with new batteries)
- \_\_\_ Pocket Knife
- \_\_\_ 1 Cup, 1 Bowl, Plate, Knife, Fork, Spoon
- \_\_\_ Personal Hygiene Items (Toothbrush, etc.)
- \_\_\_ Hand Sanitizer
- \_\_\_ Toilet Paper (w/ 4-5 large ziplock bags)
- \_\_\_ Water Bottle(s) (at least 2 liters)
- \_\_\_ Whistle
- \_\_\_ Sunscreen
- \_\_\_ Lunches
- \_\_\_ \$ for food while traveling
- \_\_\_ Special First Aid supplies according to your specific needs

### **REQUIRED CLOTHING**

While we are on trips, our levels of exertion change and so does the temperature. For this reason we suggest you use a layering system with your clothing. Start with a light layer. Then add more layers as it gets colder. The layers vary from 1 to 4 or 5 with the last layer being a waterproof layer which also keeps the wind out. You must always be prepared for rain or bad weather.

(Over)

### **REQUIRED CLOTHING (CONTINUED):**

- Hiking shoes with a good sole (trail runners will work)
- Comfortable Shoes for in Camp (Tennis Shoes, River Sandals, flip flops, Uggs, etc.)
- 2 Sets Of Socks (1 liner pair and 1 heavy pair = 1 set)
- 2 Pair Underwear
- 2 non-cotton shirts (1 short sleeve and 1 long sleeve)
- 1 Pair Long Pants (preferably wool or synthetic and loose fitting to freely climb)
- 1 Medium Weight Jacket or Heavy Sweater or Fleece (tight fitting is recommended for climbing)
- 1 Waterproof Rain Suit or Poncho
- 1 Warm Hat/Beanie (for evenings)
- 1 Long Underwear/ Baselayer (capilene or polypropylene)
- 1 Pair of Shorts for Hiking

### **RECOMMENDED GEAR**

- Trekking Poles (Play it again sports or Thrift Stores have used ski poles)
- Sunglasses (Highly Recommended)
- Brimmed Hat
- Camera!!!! (with extra batteries, film and or memory card)
- Bug Repellent
- Ivory Soap or other Bio-degradable Soap
- Small Towel
- Repair Kit (Duct tape, zip ties, etc.)

**Please Note:** You will be responsible for all your personal items, electronics, etc. Although we try to ensure safety of all personal equipment from damage or loss, Adventure Programs and/or our staff will not be liable should an incident occur.

Maps, stove, cook pots, fuel and first aid kits will be provided by the group leaders.  
**Leave room in your backpack for group food and gear.**

## ***UCSB ADVENTURE PROGRAMS***

***(805) 893-3737***

***[www.GauchosPlay.com](http://www.GauchosPlay.com)***

Monday through Friday 9 to 5 pm

