



LOST COAST CAMPING & BACKPACKING ADVENTURE TRIP ITINERARY



UCSB Adventure Programs is excited to offer an amazing coastal exploration of the beaches, parks and scenic wonders which make the California coast a world into itself. On this trip you are sure to experience stunning landscapes, awe-inspiring trees, and great company! Culminating with a four day backpack of the Lost Coast Trail! Get your gear and cameras ready and prepare to immerse yourself in wild and natural California!

Central Coast and Samuel Taylor State Park: Your trip begins with a drive up along the California coastline to your first destination for the night beyond the San Francisco Bay Area, known for its amazing views of the coast, heavily wooded redwood forests, and the famous San Francisco Bay. We will camp for our first night's rest at Samuel Taylor State Park.

Point Reyes National Seashore and Humboldt Redwoods: We will continue with an overnight backpacking jaunt in the Point Reyes National Seashore relishing the beauty of the northern shoreline. Next, we will travel closer to the northern coast with another night tucked into the amazing redwood forests of Humboldt State Park.

Lost Coast Trail: Our amazing trip so far was just an appetizer for the Lost Coast Trail! We'll Backpack through this pristine and untouched wilderness within the Kings Range National Conservation Area; the first of its kind, with stunning black sand beaches and beautiful old growth trails. Days are spent exploring the awesome Northern California coastline; home of seals, creeks, waterfalls, wildlife, and amazing vistas of the Pacific Ocean!

In order for your experience to be a pleasurable one, we ask that you thoroughly read the information in the handouts provided, including the **Itinerary**, the **General Trip Expectations** and follow the recommendations on the **Packing List**. You must supply your own lunches, money for road meals, and personal equipment. (Personal camping gear rentals are available (<http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals>))

This trip requires that you be in good physical condition and have prior backpacking experience. Aside from carrying your own personal equipment, each person will be responsible for carrying some group food and group equipment. Please feel free to contact the Adventure Center (805) 893-3737 if you need any additional information and/or our leaders have not contacted you seven days before departure date.

Prerequisite: The hike down the remote Northern California coast is graded as medium to hard in difficulty and is strenuous, especially with the weight of a backpack. Participants must be in **good physical condition** and **previous backpacking experience is REQUIRED**. This trip is **not for beginners!!!** Total approx. 26+ miles along rugged coastline.

*Sample Itinerary:

Saturday- Coastal drive from UCSB up the coast thru San Francisco Bay to Samuel Taylor State Park.

Sunday- Drive to Point Reyes National Seashore. Hike into campsite. Camp for night.

Monday- Hike out and drive to Humboldt Redwoods. Camp for night. Explore Redwoods.

Tuesday- Early breakfast, pack up and drive to Mattole on California Coast. Lost Coast Trailhead. Shuttle van. Gear check and logistics. Afternoon explore beach camping area. Camp along beach at Mattole Trailhead.

Wednesday-Friday Wake up, breakfast, explore, pack-up. Begin hiking at low tide along the Lost Coast Trail. Camp at TBD trail campsites. Camps depend on tides during this trip. Total approx. 26+ miles.

Saturday- Hike out along Black Sands Beach at low tide to Shelter Cove. Pack up van. Start drive back along the California coast to TBD coastal camping site.

Sunday- Drive back along the California coast to UCSB.

** Please be flexible as itinerary is always subject to change due to weather, permits and life on the open road.*

Departure Location: Service turnout at the Northeast outside corner of the Recreation Center and Adventure Rental Center.

Departure Time: Meet at 8:00 A.M. so we can load your personal equipment and leave by 9 A.M. As a courtesy to the group, please be prompt. If you are not there on time we will leave without you. No refunds for no shows.

Approximate Drive Time: Depends on the day. We drive from SB to Bay Area, Bay Area to Point Reyes, Point Reyes to Humboldt Forest, Humboldt Forest to Mattole (Lost Coast Trailhead.) Needle Rock to Big Sur. Big Sur to SB!!!

Approximate Return Time: 9 P.M. on Sunday depending on traffic.

Unique Trip Considerations: Please be flexible as itinerary is always subject to change due to weather, permits and life on the open road.

The Lost Coast trail is a 25 mile backpacking trip along the pristine and remote Northern California coast which will be broken up into a very manageable 3-4 days. This trip **REQUIRES** that you be in good physical condition and have **multiday and overnight backpacking experience**. It can be a very challenging yet rewarding experience. Well-worn in hiking shoes or boots are a must. Please see packing list for details and heed the advice of the trip leaders.

No Drugs or Alcohol: University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

Refund Policy: Once an offering is **full**, you will be offered a refund (less **\$20 service charge**) **only** if someone **pays** for your spot. If the offering is **NOT** full:

- **30 or more days** before the course date- Full refund less \$20 processing fee.
- **29 to 8 days** before the course date- 50% refund less \$20 processing fee.
- **Less than 8 days** before the course date- no refunds available.