



MONTAÑA DE ORO CAMPING

Packing List



Please use this list to help you properly prepare for your outing. Any questions concerning the trip itinerary or your equipment needs can be discussed with your trip leader(s) when they contact you approximately one week prior to the trip. If you have any questions or concerns prior to contact with the trip leader(s) call UCSB Adventure Programs at (805) 893-3737.

The items listed below as "REQUIRED" are necessary for your enjoyment and comfort. Do not substitute or exclude any "REQUIRED" items for your trip. Most of the equipment can be found in your own kitchen and closet. Please label your gear so it is easier to keep track. You can rent gear from our program if you need something on the required list (please visit <http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals> for rates).

You can expect the weather at Montaña de Oro State Park to be variable and can be warm/hot in the daytime and cool/cold in the evenings; layered clothing is recommended. Winter is often rainy and wet. Weather can take a turn for the worst at any time while visiting the Central Coast; therefore, warm clothes, effective rain gear, good footwear, a tent and a warm sleeping bag are essential for you to enjoy this adventure.

REQUIRED EQUIPMENT

- ___ Duffel bag or backpack to carry your clothes and gear.
- ___ Daypack (for day hikes and keeping with you in the van)
- ___ Sleeping Bag (your bag should be designed to keep you warm to a temperature of 20° F)
- ___ Tent or Rain Fly (check with group leader for number of tents required)
- ___ Plastic Ground Sheet (to keep your tent/gear clean)
- ___ Ensolite Pad or Thermarest (sleeping pad that will insulate you from the cold ground)
- ___ Headlamp/Flashlight (with new batteries)
- ___ Pocket Knife
- ___ 1 Cup, 1 Bowl, Plate, Knife, Fork, Spoon
- ___ Personal Hygiene Items (Toothbrush, etc.)
- ___ Hand Sanitizer
- ___ Toilet Paper (w/ 4-5 large ziplock bags)
- ___ Water Bottle(s) (at least 2 liters)
- ___ Sunscreen
- ___ Special First Aid supplies according to your specific needs

REQUIRED CLOTHING

While we are on trips, our levels of exertion change and so does the temperature. For this reason we suggest you use a layering system with your clothing. Start with a light layer. Then add more layers as it gets colder. The layers vary from 1 to 4 or 5 with the last layer being a waterproof layer which also keeps the wind out. You must always be prepared for rain or bad weather.

- ___ Hiking shoes or sturdy tennis shoes/sneakers with good ankle support.
- ___ 1 Extra Pair of Shoes - One comfort dry pair for in Camp in case your other pair gets wet.
- ___ 2-3 Pairs Of Socks (wool or synthetic work best)
- ___ 2-3 Pairs Underwear
- ___ 2 Shirts (1 short sleeve and 1 long sleeve)
- ___ 1 Pair Long Pants (preferably synthetic)
- ___ 1 Medium Weight Jacket or Heavy Sweater or Fleece
- ___ 1 Waterproof Rain Suit or Poncho
- ___ 1 Warm Hat/Beanie (for evenings)
- ___ 1 Long Underwear/ Base layer (capilene or polypropylene)
- ___ 1 Pair of Shorts for Hiking/Activities
- ___ 1 Swimsuit

RECOMMENDED GEAR

- ___ Sunglasses (Highly Recommended)
- ___ Brimmed Hat
- ___ Camera!!!! (with extra batteries, film and or memory card)
- ___ Bug Repellent
- ___ Ivory Soap or other Bio-degradable Soap
- ___ Small Towel
- ___ Whistle
- ___ Trekking poles

Maps, Compass, Stoves, Cookware, Fuel, Water Filter, and First Aid Kits will be provided by the group leaders.

Please Note: You will be responsible for all your personal items, electronics, etc. Although we try to ensure safety of all personal equipment from damage or loss, Adventure Programs and/or our staff will not be liable should an incident occur.

No Drugs or Alcohol: University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

Refund Policy: Once an offering is **full**, you will be offered a refund (less **\$20 service** charge) **only** if someone **pays** for your spot. If the offering is **NOT** full:

- **30 or more days** before the course date- Full refund less \$20 processing fee.
- **29 to 8 days** before the course date- 50% refund less \$20 processing fee.
- **Less than 8 days** before the course date- no refunds available.