

SANTA ROSA ISLAND BACKPACKING ADVENTURE



4-DAY TRIP ITINERARY

Welcome to island life! This will help you prepare for our adventure of fun and scenic beauty which includes backpacking, day hiking, watching beautiful sunsets from the bluff tops, enjoying breakfast and dinner together at our backpacking campsite, and generally enjoying the remote feeling of this island adventure. We can expect windy conditions in the Channel and on the islands. We will travel with our gear to the island on a boat operated by Island Packers, a partner of the Channel Islands National Park.

In order for your experience to be a pleasurable one, we ask that you thoroughly read the information in the handouts provided, including the **Itinerary**, **the General Trip Expectations** and follow the recommendations on the **Packing list**. You must supply your own lunches, money for road meals, and personal equipment. (Camping gear rentals are available http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals) This trip requires that you be in good physical condition. Aside from carrying your own personal equipment, each person will be responsible for carrying some group food and group equipment.

Please feel free to contact the Adventure Center at (805) 893-3737 during business hours if you need any additional information and/or our leaders have not contacted you seven days before departure date.

<u>Minimum Experience Level</u>: Hearty beginner in good physical condition; backpacking and camping experience recommended.

Sample Itinerary:

<u>Day 1</u>: After arriving on the island at Bechers Bay Pier, we will backpack our gear 1.5 mi to our water station at Water Canyon, have lunch and then spend the rest of the day backpacking over the southeast side of the island for 7-9 miles to the dramatic sea bluffs and relaxing sandy beaches to make our campsite in the backcountry and settle down for a nice meal together and a well-earned rest.

<u>Day 2</u>: After breakfast, we will prepare ourselves for a day of hiking and exploring the island. Depending on the desires of the group, outings may include moderate to more strenuous day hikes. Be prepared to pack a lunch and some snacks. On our return to the camp we will enjoy a tasty dinner and a relaxing night under the stars.

Day 3: Breakfast and out for another fun day at the island. We will spend the morning hiking the island, looking for the sea lions on the beaches and playing in the dunes, and enjoy a fun afternoon together. On our return to the camp we will again enjoy dinner and our last relaxing night together under the stars.

<u>Day 4</u>: We will serve breakfast and then we will pack up for another yomp back over the island. We will spend the morning backpacking back over the island and enjoy a last sojourn of the afternoon together. We will get back to the beach sometime in the afternoon to prepare for our return to the mainland.

Meeting Time & Location: We will meet you at the UCSB Recreation Center at 6:00AM on the first day of the trip and drive by van from Santa Barbara to the Ventura Harbor. Please be on time since we need to make sure to connect with a boat in Ventura (about an hour drive) and the boat will not wait for us. The boat departs the harbor ON TIME! Island Packers is a ferry service and similar to an airlines, leaves on time no matter who is on board or not. Please be on time and remember there are no refunds if you miss the boat. Participants who become seasick easily are encouraged to bring over-the-counter seasickness remedies for the boat ride. Please consult us for specific recommendations. As an Island Packer baggage standard no bag may weigh more than 45lbs, please pack carefully.

Approximate Drive Time to Harbor: 1 hour.

Approximate Return Time: 8pm on Day 4 if the group departs the 4:30pm ferry from the island on time.

No Drugs or Alcohol: University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

Refund Policy: Once an offering is <u>full</u>, you will be offered a refund (less \$20 service charge) only if someone pays for your spot. If the offering is **NOT** full:

- 30 or more days before the course date- Full refund less \$20 processing fee.
 - 29 to 8 days before the course date- 50% refund less \$20 processing fee.
 - Less than 8 days before the course date- no refunds available.