



SCUBA Medical & Risk Statement

Please read carefully before signing.



This is a statement in which you are informed of some potential risks involved in scuba diving and of the conduct required of you during the SCUBA training program. Your signature on this statement is required for you to participate in the scuba training program offered by UCSB Adventure Programs.

Read this statement prior to signing it. You must complete this Medical Statement, which includes the Medical History section, to enroll in the SCUBA training program. If you are a minor (under 18), you must have this statement signed by a parent or legal guardian.

Diving is an exciting and demanding activity. You must not be extremely overweight or out of condition. Diving can be strenuous under certain conditions. Your respiratory and circulatory systems must be in good health. All body air spaces must be normal and healthy. A person with heart trouble, a current cold or congestion, epilepsy, asthma, a severe medical problem, or who is under the influence of alcohol or drugs should not dive. If taking medication, consult your doctor and the instructor before participation in this program. You will also need to learn from the instructor the important safety rules regarding breathing and equalization while SCUBA diving. Improper use of SCUBA equipment can result in serious injury. You must be thoroughly instructed in its use under supervision of a qualified instructor to use it properly.

If you have any additional questions regarding this Medical/Risk Statement or the Medical History section, review them with the staff in Adventure Programs Office before signing.

Medical History (Confidential Information)

The purpose of this medical questionnaire is to find out if you should be examined by your doctor before participating in recreational diver training. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a preexisting condition that may affect your safety while diving and you must seek the advice of your physician.

Please answer the following questions on your past or present medical history with a YES or NO. If you are not sure, answer YES. If any of these items applies to you, we must request that you consult with a physician prior to participating in SCUBA diving. Your instructor will supply you with a Medical Statement and Guidelines for Recreational SCUBA Diver's Physical Examination to take to your physician.

Please answer YES or NO for each of the following questions:

- _____ Could you be pregnant or are you attempting to become pregnant?
- _____ Do you regularly take prescription or nonprescription medications? (with the exception of birth control)
- _____ Are you over 45 years of age and have one or more of the following?
 - currently smoke a pipe, cigars, or cigarettes
 - have a high cholesterol level
 - have a family history of heart attacks or strokes

Have you ever had or do you currently have:

- _____ Asthma or wheezing with breathing, or wheezing with exercise?
Trigger: _____ Last Attack/ Episode approx. date: _____
- _____ Frequent or severe attacks of hay fever or allergy?
- _____ Any form of lung disease?
- _____ Pneumothorax (collapsed lung)
- _____ History of chest surgery?
- _____ Claustrophobia or agoraphobia (fear of closed or open spaces)
- _____ Behavioral health problems?
- _____ Epilepsy, seizures, convulsions or take medications to prevent them?
- _____ Recurring migraine headaches or take medications to prevent them?
- _____ History of blackouts or fainting (full/partial loss of consciousness)
- _____ History of diving accidents or decompression sickness?

(OVER)

- _____ History of recurrent back problems?
- _____ History of back surgery?
- _____ History of diabetes?
- _____ History of back, arm or leg problems following surgery, injury or fracture?
- _____ Inability to perform moderate exercise (walk 1.6 km/ one mile within 12 minutes)?
- _____ History of high blood pressure or take medicine to control blood pressure?
- _____ History of any heart disease?
- _____ History of any heart attacks?
- _____ Angina (heart or blood vessel surgery)?
- _____ History of ear or sinus surgery?
- _____ History of ear disease, hearing loss or problems with balance?
- _____ History of problems equalizing (popping) ears with airplane or mountain travel?
- _____ Any recent ear injuries or problems?
- _____ History of bleeding or other blood disorders?
- _____ History of any type of hernia?
- _____ History of ulcers or ulcer surgery?
- _____ History of colostomy?
- _____ History of drug or alcohol abuse?

"I have read and understood this document. The information I have provided about my medical history is accurate to the best of my knowledge."

PRINT NAME _____ DATE _____

SIGNATURE _____

Contact Info:

Home Phone: _____ Work Phone: _____

Cell: _____ E-Mail: _____

Date of Birth _____ Age _____

If you are under 18 years of age then please have the following completed by a parent or legal guardian:

Signature of Parent or Guardian Date

Parent's or Guardian's Daytime Phone Number _____

- I have read and understand the “**Open Water SCUBA Class Information**” sheet.
- I am able to **pass the swim test**.
- I understand that **100% attendance** is required.
- I understand that if I don't bring my **PHOTO ID** to get into the Rec Cen I will not be allowed in and will likely violate the **100% attendance** policy resulting in **NO CERTIFICATION!**
- I understand that there are **additional fees and equipment purchases** that could range from **\$365 to \$500** (or more!).

SIGNATURE _____ DATE _____

