

Group FIT & CYCLE

Winter 2020

GROUP FIT SCHEDULE

Group Fitness All Access Pass
January 13 - March 15
Rob Gym 1430

Students: \$50
Non-Students: \$55
Community: \$65

MON	TUE	WED	THUR	FRI	SUN
		7:00-7:50am Morning Boost Kelly		7:00-7:50am Morning Boost Kelly	11:30-12:20pm Pump + Abs Ryan
12:05-12:55pm Hip Hop Barre Alex	12:05-12:55pm Circuit Ryan	12:05-12:55pm HIIT Alex	12:05-12:55pm Pump + Abs Ryan	12:05-12:55pm Cardio Fitness Kelly	12:30-1:20pm Cardio Kickboxing Ryan
4:10-5:00pm Chisel & Sculpt Jo	4:10-5:00pm Pump + Plyos Ryan	4:10-5:00pm Chisel & Sculpt Jo	4:10-5:00pm HIIT Ryan	4:10-5:00pm Foam & Flex Ryan	
5:05-5:55pm Cardio Blast Jo	6:10-7:00pm Athletic Skills Kristen	5:05-5:55pm Cardio Blast Jo	7:00-7:50pm Athletic Skills Kristen		

GROUP CYCLE SCHEDULE

Group Cycle All Access Pass
January 13 - March 15
Rob Gym 1125

Students: \$50
Non-Students: \$55
Community: \$65

MON	TUE	WED	THUR	FRI	SUN
	7:00-7:50am Indoor Cycling Staff	7:00-7:50am Indoor Cycling Staff	7:00-7:50am Indoor Cycling Staff	7:00-7:50am Indoor Cycling Staff	
5:15-6:05pm Indoor Cycling Alisa	5:15-6:05pm Indoor Cycling Ryan	5:15-6:05pm Indoor Cycling Noelia	5:15-6:05pm Indoor Cycling Ryan		
8:00-8:50pm Sweat N Cycle After Hours Paris		8:00-8:50pm Sweat N Cycle After Hours Paris			

Purchase a Group Fitness or Group Cycle All Access Pass online at recreation.ucsb.edu or in person at the Recreation Customer Service Center.