

UC SANTA BARBARA
Department of Recreation
Junior Lifeguards

Welcome UCSB Junior Lifeguards Parents and Guardians,

Please read this parent information packet thoroughly as it is very important all participants understand the rules, policies, and activities of camp.

Program Goals

The primary goal of the UC Santa Barbara Jr Lifeguards is to provide quality water safety education. The program introduces young people to aquatic recreational opportunities through swimming and general fitness, safety skills and related activities. Additional goals include building self-esteem, respect for others and respect for our natural environment.

Camp Hours

Camp runs Monday through Friday from 8:30am-12:30pm.

Activity Calendar

Please remember to check your emails frequently for calendar details and any program updates from the Camp Director, Ryan Collins: rcollins@ucsb.edu

Try-Outs

If your child is new to our program they will need to attend one of the swim try-out dates listed below. Try-outs will be held at either the UCSB Recreation Center Pools or the Campus Pool.

- **Saturday April 13**, 12-1:30pm Campus Pool
- **Saturday May 18**, 12-1:30pm Campus Pool
- **Saturday June 8**, 12-1:30pm Rec Cen Pools

Swim test requirement:

- Treading Water for 3 minutes
- Swimming underwater for 10 yards
- Swimming 100 yards under the time limit
 - Ages 12 and up = 2:20, Ages 11 and under = 2:30

If your child participated in the UCSB Jr. Guard program one the previous 2 calendar years they do not need to take the preliminary swim try-out.

If your child is not able to pass the swim try-out there will be additional opportunities for swim practice and testing including Rookie Days. Refunds will be available for those that cannot pass the test by the first week of the program session.

Rookie Days

Rookie days are a chance for new participants to experience Jr Guards on a smaller scale in the more predictable pool environment at our Recreation Center pools. Returning Jr Guards may want to get back in the water to refresh their skills and meet this season's instructors.

Free to new participants, \$40 for returning participants.

Assistant Try-Outs:

- **TBA** Recreation Center Pools

UCSB Jr Guard Assistants have the opportunity to learn more about safety, aquatic skills and equipment needed to prepare for future JG Instructor positions. Applicants must be 15-17 years old, have successfully participated in the JG program, pass a swim/run assessment and interview. Please contact Ryan (Buzz) Collins for an application: rcollins@ucsb.edu

Pick-Up & Drop-Off Procedure

- Timing
 - Drop-off is between 8:15-8:30am and pick-up is from 12:15-12:30pm.
- Location
 - The drop-off and pick-up location is in Campus lot #6 (see attached map), where UCSB JG Instructors will be present to check in campers and answer questions. Camp takes place at the UCSB Campus Point Beach.
- Identification
 - Guardians should be prepared to show photo identification (i.e. Driver's License or state issued ID). Campers will ONLY be permitted to leave with guardians whose ID matches the list of authorized pick-up person(s). Please make sure that information for authorized pick up person(s) is correct upon registration and notify the camp director ahead of time if this changes at any point throughout the session.
- Late Drop-Off/ Early Pick-Up
 - If campers need to be dropped off past the designated drop-off time or picked up earlier than the designated pick-up time, the guardian is responsible for checking in/ out their camper(s) at the Campus Point Beach. The same safety protocols in terms of Identification checks will be required.
- Late Pick-Up
 - If you are later than 12:30pm for pick-up you will be charged a late pick-up fee of \$10 for every 15 minutes late.

Parking

One parking spot in lot #6 is designated for UCSB Beach Camps use and allows up to 20 minutes of parking. If this space is taken, it is your responsibility to pay for parking in an approved space. Lot 6 has limited visitor "Coastal Access" designated spaces but a fee is required to park in these spaces. Be sure to read all signs in the lot about parking restrictions. Please do NOT drive down the road to the Campus Point Beach. That road is designated for service and emergency vehicles only, violators are subject to a fine.

Uniforms

Our UCSB Campus Point Jr. Guard uniform consists of **solid navy blue trunks, jammers or swimsuit** worn with UCSB JG's T-shirt and/or a UCSB Blue & Gold Rash Guard. We provide every participant with 1 Short Sleeved shirt included in registration. Additional t-shirts, long sleeved Tees, sweatshirts and rash guards may be purchased the first 3 days of each session at the Recreation Center Customer Service Center. Navy blue uniforms can be purchased locally at Surf Country for a 10% discount when you show them your UCSB JG registration or this letter. See prices below:

- Extra Short Sleeve T-Shirt: \$10
- Long Sleeve T-Shirt: \$15
- Rashguard with JGs logo: \$30
- Sweatshirt: \$30

View Uniforms here: [JG Uniforms](#)

Provided Equipment

We provide all equipment necessary for the Jr Guard program activities. In addition we provide equipment for fun during "free time"

- Soft beginner surfboards
- Stand up paddle equipment
- Body boards
- Various beach games (volleyballs, soccer balls, kick balls, etc.)
- Tents for shade
- First aid equipment & supplies

Things to Bring

- Sun protection (sunscreen, hat, sunglasses, etc.)
- Full water bottle
- Warm clothes
- Towel(s)
- Backpack
- Lunch and/or snacks (please use reusable containers, plastic bags are easily picked up by the wind and endanger wildlife)

Optional Personal Equipment*

- Wetsuit
- Hat or Visor
- Goggles
- Swim Fins.

**If you bring your own equipment, make sure to mark it with your name. We are not responsible for any lost or broken equipment. We are unable to provide storage for personal equipment.*

Calendar

We will send the summer Calendar at the end of May so your family can plan in advance for weekly and daily events that may affect drop-off and pick-up locations. The first 2 days of each session we alternate groups at the Rec Cen pools to brush up on swim training, technique and treading water. If available, we'll use the 3 meter diving board to practice for our optional Pier Jump later in the season.

Participation

Students are encouraged and expected to participate in all daily program activities. Each day activities will include ocean swimming, running, conditioning activities in addition to safety, marine and health education. If your child is injured, unable or not willing to participate in daily activities, your child may be better suited for a different program.

Student Conduct

- Treat others with courtesy and respect
- Never leave the beach boundaries, check in with Instructor and take a buddy to the beach bathroom
- Inform an Instructor promptly regarding injuries
- Inform staff in advance of absences
- Never leave trash or recyclables on the beach
- No fighting
- No bad language
- No mocking of others

Disciplinary Action

UCSB Recreation is committed to the idea that each camper should have a positive and enjoyable experience at camp, and the misbehavior of one camper, or a group of campers, should not be allowed to impact negatively on the experience of others. Please discuss the importance of good behavior before your child arrives at camp. Our discipline procedure is as follows:

1. Counseling
2. Time-Out
3. Parent Contact
4. Suspension
5. Termination

Consent to Treat

Fill out this online Consent to Treat before your first day at the program

<https://na3.docusign.net/Member/PowerFormSigning.aspx?PowerFormId=86d4cd3f-6eaa-4ef9-901a-3247c7dc-d127&env=na3&acct=36d87d60-c882-4887-835a-bc389fb776dd&v=2>

Contact Information

- Phone: 805-893-3913 / 805-893-7616
- Email: rcollins@ucsb.edu
- Emergency Contact: Please contact the main camp office phone first, but in cases of "emergency only" when other options are unavailable, call the Rec Cen Lifeguard Office at 805-893-7213. This line is not to be used for general questions regarding registration or camp information.

I look forward to seeing you on the beach,

Ryan "Buzz" Collins

UCSB Campus Point Jr. Guards Manager

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Surf & Kayak Camp Jr. Lifeguards

UCSB Surf & Kayak Camp and Jr Lifeguards will take place at Campus Point Beach. There is no fee to park during scheduled drop off and pick times as you will not be exiting your vehicle. Check your parent packet for details on our 20 minute parking option to be used outside of scheduled drop off and pick up windows.

If you want to park and you do not possess a Staff or Faculty campus permit and the 20 minute camp space is taken, you will need to use a "Coastal Access" space and pay the fee to avoid being ticketed.

UCSB Parking Permit required at all times.
Short-term permits may be purchased from permit dispensers throughout campus. Payment options are Visa, MasterCard or cash. A short-term permit entitles you to Visitor parking status.

Take care to observe parking signs as parking violations are subject to citation. Do not park at any time in spaces marked "Enforced at All Times", "Reserved" or "Restricted".

For updated parking information, please visit www.tps.ucsb.edu

Drop off and pick up of campers is in parking lot 6 for Jr Lifeguards and the grass area in front of Santa Cruz Hall for Surf & Kayak Camp NOT on the beach

DO NOT ENTER

Do not drive past this point on Lagoon Rd. Access is for authorized University vehicles ONLY. Violators subject to fines.

Campus Pt Beach

Please Observe
Posted
Speed Limits

- Accessible Parking
- Parking
- Permit Dispensers